

CB-BK WE1 2026: Session: 6: COACH evaluation sheet for TEAM: TSZ

Coachinfo: Warming up from: 12:30 untill 13:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Michiels Hans HEADCOACH

Coaches: Hanssens Yash

Coaches: Verluyten Philippe

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 41: 200M MEDLEY WOMEN 13-14					Heat:17, starttime: 15:22
Heat: 17/20 Lane : 8 Athlete: DEBRABANDERE LEONIE					Q-time: 02:39:45
PB (50m pool): 02:39.45 Sportoase De Watermolen 29/03/2026 PB (25m pool): 02:34.37 SB: 02:39.45 Sportoase De Watermolen 29/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.16	01:13.53	02:02.90	02:39.45	
	00:32.16	00:41.37	00:49.37	00:36.55	
					

Coach feedback:

Event number: 41: 200M MEDLEY WOMEN 13-14					Heat:19, starttime: 15:29
Heat: 19/20 Lane : 8 Athlete: VAN BUNDER INEZ					Q-time: 02:37:00
PB (50m pool): 02:37.00 Seraing 14/05/2026 PB (25m pool): 02:33.12 SB: 02:37.00 Seraing 14/05/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:32.18	01:13.04	02:01.14	02:37.00	
	00:32.18	00:40.86	00:48.10	00:35.86	
					

Coach feedback:

Event number: 41: 200M MEDLEY WOMEN 13-14					Heat:20, starttime: 15:32
Heat: 20/20 Lane : 1 Athlete: DE JONG SUZAN					Q-time: 02:34:51
PB (50m pool): 02:34.51 Seraing 14/05/2026 PB (25m pool): 02:30.41 SB: 02:34.51 Seraing 14/05/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:33.65	01:11.06	01:57.10	02:34.51	
	00:33.65	00:37.41	00:46.04	00:37.41	
					

Coach feedback:

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Event number: 42: 200M BUTTERFLY MEN 13-14					Heat:2, starttime: 15:39
Heat: 2/3 Lane : 3 Athlete: SCIACCA EMILIO					Q-time: 02:38:84
PB (50m pool): 02:38.84 Sportoase De Watermolen 29/03/2026 PB (25m pool): 02:39.79 SB: 02:38.84 Sportoase De Watermolen 29/03/2026					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:34.81	01:15.26	01:57.31	02:38.84	
	00:34.81	00:40.45	00:42.05	00:41.53	
					

Coach feedback:

Event number: 43: 100M BREASTSTROKE WOMEN 11-12					Heat:2, starttime: 15:48
Heat: 2/19 Lane : 8 Athlete: GOEMINNE ELLEMIEKE					Q-time: 01:49:47
PB (50m pool): 01:49.47 Antwerpen 15/03/2026 PB (25m pool): 01:45.53 SB: 01:49.47 Antwerpen 15/03/2026					
	5 0 M	1 0 0 M			
PB	00:51.38	01:49.47			
	00:51.38	00:58.09			
					

Coach feedback:

Event number: 43: 100M BREASTSTROKE WOMEN 11-12					Heat:5, starttime: 15:55
Heat: 5/19 Lane : 7 Athlete: FOUBERT SANNE					Q-time: 01:43:80
PB (50m pool): 01:43.80 SportinGenk Park 11/11/2025 PB (25m pool): 01:40.35 SB: 01:43.80 SportinGenk Park 11/11/2025					
	5 0 M	1 0 0 M			
PB	no time	01:43.80			
	no time				
					

Coach feedback:

Event number: 43: 100M BREASTSTROKE WOMEN 11-12					Heat:9, starttime: 16:04
Heat: 9/19 Lane : 7 Athlete: CAZACU ANTONIA SABINA					Q-time: 01:38:88
PB (50m pool): 01:38.88 Antwerpen 15/03/2026 PB (25m pool): 01:39.10 SB: 01:38.88 Antwerpen 15/03/2026					
	5 0 M	1 0 0 M			
PB	00:46.55	01:38.88			
	00:46.55	00:52.33			
					

Coach feedback:

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Event number: 43: 100M BREASTSTROKE WOMEN 11-12			Heat:14, starttime: 16:14
Heat: 14/19 Lane : 6 Athlete: LALOO FÉLINE			Q-time: 01:33:71
PB (50m pool): 01:33.71 Lago Gent Rozebroeken 03/05/2026 PB (25m pool): 01:44.02 SB: 01:33.71 Lago Gent Rozebroeken 03/05/2026			
	5 0 M	1 0 0 M	
PB	00:43.35	01:33.71	
	00:43.35	00:50.36	
			

Coach feedback:

Event number: 43: 100M BREASTSTROKE WOMEN 11-12			Heat:19, starttime: 16:24
Heat: 19/19 Lane : 8 Athlete: DERRE FLEUR			Q-time: 01:24:84
PB (50m pool): 01:24.84 Antwerpen 08/03/2026 PB (25m pool): 01:26.35 SB: 01:24.84 Antwerpen 08/03/2026			
	5 0 M	1 0 0 M	
PB	00:40.10	01:24.84	
	00:40.10	00:44.74	
			

Coach feedback:

Event number: 44: 100M BREASTSTROKE MEN 11-12			Heat:6, starttime: 16:38
Heat: 6/11 Lane : 5 Athlete: OSSELAER VAN NIEUWENHUYZE KIAN			Q-time: 01:36:64
PB (50m pool): 01:36.64 Lago Gent Rozebroeken 03/05/2026 PB (25m pool): 01:38.86 SB: 01:36.64 Lago Gent Rozebroeken 03/05/2026			
	5 0 M	1 0 0 M	
PB	00:46.44	01:36.64	
	00:46.44	00:50.20	
			

Coach feedback:

Event number: 45: 100M FREESTYLE WOMEN 13-14			Heat:12, starttime: 17:08
Heat: 12/16 Lane : 4 Athlete: VAN BUNDER INEZ			Q-time: 01:04:36
PB (50m pool): 01:04.36 Antwerpen 08/03/2026 PB (25m pool): 01:02.24 SB: 01:04.36 Antwerpen 08/03/2026			
	5 0 M	1 0 0 M	
PB	00:31.28	01:04.36	
	00:31.28	00:33.08	
			

Coach feedback:

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Event number: 45: 100M FREESTYLE WOMEN 13-14										Heat:14, starttime: 17:11	
Heat: 14/16 Lane : 5 Athlete: DEBRABANDERE LEONIE								Q-time: 01:03:43			
PB (50m pool): 01:03.43 Sportoase De Watermolen 24/05/2026 PB (25m pool): 01:02.11 SB: 01:03.43 Sportoase De Watermolen 24/05/2026											
	5 0 M		1 0 0 M								
PB	00:30.48		01:03.43								
	00:30.48		00:32.95								
											

Coach feedback:

Event number: 45: 100M FREESTYLE WOMEN 13-14										Heat:15, starttime: 17:13																			
Heat: 15/16 Lane : 3 Athlete: DE JONG SUZAN																				Q-time: 01:02:19									
PB (50m pool): 01:02.19 Lago Gent Rozebroeken 03/05/2026																				PB (25m pool): 01:00.76 SB: 01:02.19 Lago Gent Rozebroeken 03/05/2026									
	5 0 M					1 0 0 M																							
PB	00:29.93					01:02.19																							
	00:29.93					00:32.26																							
																													

Coach feedback:

Event number: 46: 4x100M MEDLEY WOMEN 11-12							Heat:1, starttime: 17:36	
Heat: 1/2 Lane : 8 Athlete: TEAM TSZ 11							Q-time: 99:99:99	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback:

Event number: 48: 4x100M MEDLEY WOMEN 13-14							Heat:3, starttime: 18:12	
Heat: 3/3 Lane : 5 Athlete: TEAM TSZ 31							Q-time: 04:41:62	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: